

1.

次の不定積分を求めよ.

(1) $\int \frac{2x^2 - 1}{x + 1} dx$

(2) $\int \frac{x^2 + x + 1}{x^2 + 1} dx$

[解答]

$$\begin{aligned} \text{①} \int \frac{2x^2 - 1}{x + 1} dx & \quad \begin{array}{r} 2x-2 \\ x+1 \overline{) 2x^2 - 1} \\ \underline{2x^2 + 2x} \\ -2x - 1 \\ \underline{-2x - 2} \\ 1 \end{array} \\ \frac{2x^2 - 1}{x + 1} &= \frac{(x+1)(2x-2) + 1}{x+1} \\ &= 2x - 2 + \frac{1}{x+1} \quad \text{より} \end{aligned}$$

$$= \int \left(2x - 2 + \frac{1}{x+1} \right) dx$$

$$= x^2 - 2x + \log|x+1| + C_1$$

$$\text{②} \int \frac{x^2 + x + 1}{x^2 + 1} dx$$

$$= \int \left(1 + \frac{x}{x^2 + 1} \right) dx$$

$$= \int \left(1 + \frac{1}{2} \cdot \frac{(x^2 + 1)'}{x^2 + 1} \right) dx$$

$$= x + \frac{1}{2} \log(x^2 + 1) + C_2$$

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① 分数関数の積分.

分数関数は分子の次数 > 分母の次数のときは必ず分子の次数 < 分母の次数となるように変形する.

2.

次の不定積分を求めよ.

(1) $\int \frac{x-3}{(x-1)(x-2)} dx$

(2) $\int_2^3 \frac{dx}{x^2-1}$

(3) $\int \frac{1}{x(x+1)(x+2)} dx$

(4) $\int \frac{x^3}{x^2+x-2} dx$

[解1]

(1) $I = \int \frac{x-3}{(x-1)(x-2)} dx$ とおく

$$\begin{aligned} \frac{x-3}{(x-1)(x-2)} &= \frac{a}{x-1} + \frac{b}{x-2} \text{ とおく} \\ &= \frac{a(x-2) + b(x-1)}{(x-1)(x-2)} \\ &= \frac{(a+b)x - 2a - b}{(x-1)(x-2)} \end{aligned}$$

$$\begin{cases} a+b=1 \\ -2a-b=-3 \end{cases} \therefore a=2, b=-1$$

$$\therefore \frac{x-3}{(x-1)(x-2)} = \frac{2}{x-1} - \frac{1}{x-2}$$

$$\begin{aligned} I &= \int \left(\frac{2}{x-1} - \frac{1}{x-2} \right) dx \\ &= 2 \log|x-1| - \log|x-2| + C \\ &= \log \frac{(x-1)^2}{|x-2|} + C \end{aligned}$$

(2) $I = \int_2^3 \frac{dx}{x^2-1}$ とおく

$$\begin{aligned} \frac{1}{x^2-1} &= \frac{a}{x+1} + \frac{b}{x-1} \text{ とおく} \\ &= \frac{a(x-1) + b(x+1)}{x^2-1} \\ &= \frac{(a+b)x - a + b}{x^2-1} \end{aligned}$$

$$\begin{cases} a+b=0 \\ -a+b=1 \end{cases} \therefore a=-\frac{1}{2}, b=\frac{1}{2}$$

$$\therefore \frac{1}{x^2-1} = \frac{1}{2} \left(\frac{1}{x-1} - \frac{1}{x+1} \right)$$

$$\begin{aligned} I &= \frac{1}{2} \int_2^3 \left(\frac{1}{x-1} - \frac{1}{x+1} \right) dx \\ &= \frac{1}{2} [\log|x-1| - \log|x+1|]_2^3 \\ &= \frac{1}{2} [\log \frac{3-1}{3+1} - \log \frac{2-1}{2+1}] \\ &= \frac{1}{2} (\log \frac{1}{2} - \log \frac{1}{3}) = \frac{1}{2} \log \frac{3}{2} \end{aligned}$$

(3) $I = \int \frac{1}{x(x+1)(x+2)} dx$ とおく

$$\begin{aligned} \frac{1}{x(x+1)(x+2)} &= \frac{a}{x} + \frac{b}{x+1} + \frac{c}{x+2} \text{ とおく} \\ &= \frac{a(x+1)(x+2) + b x(x+2) + c x(x+1)}{x(x+1)(x+2)} \\ &= \frac{(a+b+c)x^2 + (2a+2b+c)x + 2a}{x(x+1)(x+2)} \end{aligned}$$

$$\begin{cases} a+b+c=0 \\ 2a+2b+c=0 \\ 2a=1 \end{cases} \therefore a=\frac{1}{2}, b=-1, c=\frac{1}{2}$$

$$\therefore \frac{1}{x(x+1)(x+2)} = \frac{1}{2} \left(\frac{1}{x} - \frac{2}{x+1} + \frac{1}{x+2} \right)$$

$$\begin{aligned} I &= \frac{1}{2} \int \left(\frac{1}{x} - \frac{2}{x+1} + \frac{1}{x+2} \right) dx \\ &= \frac{1}{2} (\log|x| - 2 \log|x+1| + \log|x+2|) + C \\ &= \frac{1}{2} \log \frac{|x(x+2)|}{(x+1)^2} + C \end{aligned}$$

(4) $I = \int \frac{x^3}{x^2+x-2} dx$

$$\begin{aligned} \frac{x^3}{x^2+x-2} &= \frac{(x^2+x-2)(x-1) + 3x-2}{x^2+x-2} = x-1 + \frac{3x-2}{x^2+x-2} \\ &= x-1 + \frac{3x-2}{x^2+x-2} \end{aligned}$$

$$\begin{aligned}\frac{3x-2}{x^2+x-2} &= \frac{a}{x+2} + \frac{b}{x-1} \text{ とおく} \\ &= \frac{a(x-1)+b(x+2)}{x^2+x-2} \\ &= \frac{(a+b)x-a+2b}{x^2+x-2}\end{aligned}$$

$$\begin{cases} a+b=3 \\ -a+2b=-2 \end{cases} \therefore a=\frac{8}{3}, b=\frac{1}{3}$$

$$\therefore \frac{x^3}{x^2+x-2} = \frac{1}{3} \left(3x-3 + \frac{8}{x+2} + \frac{1}{x-1} \right)$$

$$\begin{aligned}I &= \frac{1}{3} \int \left(3x-3 + \frac{8}{x+2} + \frac{1}{x-1} \right) dx \\ &= \frac{1}{3} \left(\frac{3}{2}x^2 - 3x + 8 \log|x+2| + \log|x-1| \right) + C \\ &= \frac{1}{2}x^2 - x + \frac{8}{3} \log(x+2)^2 |x-1| + C.\end{aligned}$$

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① 分式関数の積分2.
部分分式分解.

注. (一般的な)

積分には積の積分法はよいので
積分は積に弱い
→和に直す.

3.

次の積分を計算せよ.

(1) $\int \frac{dx}{x(x^2+1)}$

(2) $\int \frac{4x^2+x+1}{x^3-1} dx$

(3) $\int_0^1 \frac{2x+1}{(x+1)^2(x-2)} dx$

[解].

(1) $I = \int \frac{dx}{x(x^2+1)}$ とおく.

$$\begin{aligned} \frac{1}{x(x^2+1)} &= \frac{a}{x} + \frac{bx+c}{x^2+1} \text{ とおく} \\ &= \frac{a(x^2+1) + (bx+c)x}{x(x^2+1)} \\ &= \frac{(a+b)x^2 + cx + a}{x(x^2+1)} \end{aligned}$$

$$\begin{cases} a+b=0 \\ c=0 \\ a=1 \end{cases} \quad \therefore a=1, b=-1, c=0$$

$$\therefore \frac{1}{x(x^2+1)} = \frac{1}{x} - \frac{x}{x^2+1}$$

$$\begin{aligned} I &= \int \left(\frac{1}{x} - \frac{x}{x^2+1} \right) dx \\ &= \int \left(\frac{1}{x} - \frac{1}{2} \cdot \frac{(x^2+1)'}{x^2+1} \right) dx \\ &= \log|x| - \frac{1}{2} \log|x^2+1| + C \\ &= \log \frac{|x|}{\sqrt{x^2+1}} + C \end{aligned}$$

(2) $I = \int \frac{4x^2+x+1}{x^3-1} dx$ とおく.

$$\begin{aligned} \frac{4x^2+x+1}{x^3-1} &= \frac{a}{x-1} + \frac{bx+c}{x^2+x+1} \text{ とおく} \\ &= \frac{a(x^2+x+1) + (bx+c)(x-1)}{x^3-1} \\ &= \frac{(a+b)x^2 + (a-b+c)x + a-c}{x^3-1} \end{aligned}$$

$$\begin{cases} a+b=4 \\ a-b+c=1 \\ a-c=1 \end{cases} \quad \therefore a=2, b=2, c=1$$

$$\therefore \frac{4x^2+x+1}{x^3-1} = \frac{2}{x-1} + \frac{2x+1}{x^2+x+1}$$

$$\begin{aligned} I &= \int \left(\frac{2}{x-2} + \frac{2x+1}{x^2+x+1} \right) dx \\ &= \int \left(\frac{2}{x-2} + \frac{(x^2+x+1)'}{x^2+x+1} \right) dx \\ &= 2 \log|x-2| + \log|x^2+x+1| + C \\ &= \log(x-2)^2(x^2+x+1) + C \end{aligned}$$

(3) $I = \int_0^1 \frac{2x+1}{(x+1)^2(x-2)} dx$

$$\begin{aligned} \frac{2x+1}{(x+1)^2(x-2)} &= \frac{a}{x+1} + \frac{b}{(x+1)^2} + \frac{c}{x-2} \text{ とおく} \\ &= \frac{a(x+1)(x-2) + b(x-2) + c(x+1)^2}{(x+1)^2(x-2)} \\ &= \frac{(a+c)x^2 + (-a+b+2c)x - 2a-2b+c}{(x+1)^2(x-2)} \end{aligned}$$

$$\begin{cases} a+c=0 \\ -a+b+2c=2 \\ -2a-2b+c=1 \end{cases} \quad \therefore a=-\frac{5}{9}, b=\frac{1}{9}, c=\frac{5}{9}$$

$$\therefore \frac{2x+1}{(x+1)^2(x-2)} = -\frac{1}{9} \left(\frac{5}{x+1} - \frac{9}{(x+1)^2} - \frac{5}{x-2} \right)$$

$$\begin{aligned} I &= -\frac{1}{9} \int_0^1 \left(\frac{5}{x+1} - \frac{9}{(x+1)^2} - \frac{5}{x-2} \right) dx \\ &= -\frac{1}{9} \left[5 \log|x+1| + \frac{9}{x+1} - 5 \log|x-2| \right]_0^1 \\ &= -\frac{1}{9} \left[5 \log \left| \frac{x+1}{x-2} \right| + \frac{9}{x+1} \right]_0^1 \\ &= -\frac{1}{9} \left\{ 5 \log 2 + \frac{9}{2} - \left(5 \log \frac{1}{2} + 9 \right) \right\} \\ &= -\frac{10}{9} \log 2 + \frac{1}{6} \end{aligned}$$

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① ③ で

$$\frac{2x+1}{(x+1)^2(x-2)} = \frac{a}{x+1} + \frac{b}{(x+1)^2} + \frac{c}{x-2}$$

とおける理由.

原則通りやれば.

$$\frac{2x+1}{(x+1)^2(x-2)} = \frac{qx+r}{(x+1)^2} + \frac{c}{x-2}$$

ここで

$$\frac{qm(x+1)-qm+q1}{(x+1)^2} = \frac{qm}{x+1} + \frac{-qm+q1}{(x+1)^2}$$

と変形できる.

あとは $qm=a$, $-qm+q1=b$ とすればよい.

4.

関数 $f(x) = \frac{1}{x^3(1-x)}$ について,(1) $f(x) = \frac{a_1}{x} + \frac{a_2}{x^2} + \frac{a_3}{x^3} + \frac{b}{1-x}$ において, 定数 a_1, a_2, a_3, b を求めよ.(2) 不定積分 $\int f(x)dx$ を求めよ.(3) 同様にして, 不定積分 $\int \frac{dx}{x^p(1-x)}$ ($p = 1, 2, 3, \dots$) を求めよ.

(神戸大)

[解]

$$\begin{aligned}
 (1) \quad \frac{1}{x^3(1-x)} &= \frac{a_1}{x} + \frac{a_2}{x^2} + \frac{a_3}{x^3} + \frac{b}{1-x} \\
 &= \frac{a_1x^2 + a_2x + a_3}{x^3} + \frac{b}{1-x} \\
 &= \frac{(a_1x^2 + a_2x + a_3)(1-x) + bx^3}{x^3(1-x)} \\
 &= \frac{(b-a_1)x^2 + (a_1-a_2)x + (a_2-a_3)x + a_3}{x^3(1-x)}
 \end{aligned}$$

$$\therefore \begin{cases} b-a_1=0 \\ a_1-a_2=0 \\ a_2-a_3=0 \\ a_3=1 \end{cases} \quad \therefore a_1=a_2=a_3=b=1$$

$$\begin{aligned}
 (2) \quad \int f(x)dx &= \int \left(\frac{1}{x} + \frac{1}{x^2} + \frac{1}{x^3} + \frac{1}{1-x} \right) dx \\
 &= \log|x| - \frac{1}{x} - \frac{1}{2x^2} - \log|1-x| \\
 &= \log \left| \frac{x}{1-x} \right| - \frac{1}{x} - \frac{1}{2x^2} + C
 \end{aligned}$$

$$\begin{aligned}
 (3) \quad \frac{1}{x^p(1-x)} &= \frac{a_1}{x} + \frac{a_2}{x^2} + \dots + \frac{a_p}{x^p} + \frac{b}{1-x} \\
 &= \frac{a_1x^{p-1} + a_2x^{p-2} + \dots + a_px + b}{x^p(1-x)} \\
 &= \frac{(a_1x^{p-1} + a_2x^{p-2} + \dots + a_px + b)(1-x) + bx^p}{x^p(1-x)} \\
 &= \frac{(b-a_1)x^{p-1} + (a_1-a_2)x^{p-2} + \dots + (a_{p-1}-a_p)x + a_p}{x^p(1-x)}
 \end{aligned}$$

$$\therefore \begin{cases} b-a_1=0 \\ a_1-a_2=0 \\ \vdots \\ a_{p-1}-a_p=0 \\ a_p=1 \end{cases} \quad \therefore a_1=a_2=\dots=a_p=b=1$$

$$\begin{aligned}
 &\int \frac{dx}{x^p(1-x)} \\
 &= \int \left(\frac{1}{x} + \frac{1}{x^2} + \dots + \frac{1}{x^p} + \frac{1}{1-x} \right) dx \\
 &= \log|x| - \frac{1}{x} - \frac{1}{2x^2} - \dots - \frac{1}{(p-1)x^{p-1}} - \log|1-x| \\
 &= \log \left| \frac{x}{1-x} \right| - \frac{1}{x} - \frac{1}{2x^2} - \dots - \frac{1}{(p-1)x^{p-1}} + C
 \end{aligned}$$

5.

次の積分を計算せよ.

(1) $\int \sin^2 x dx$

(2) $\int_{\frac{\pi}{6}}^{\pi} \sin x \cos x dx$

(3) $\int (\sin x - \cos x)^2 dx$

(4) $\int \cos^4 x dx$

[解]

$$\begin{aligned} \text{① } \int \sin^2 x dx &= \int \frac{1 - \cos 2x}{2} dx \leftarrow \text{半角の公式} \\ &= \frac{x}{2} - \frac{\sin 2x}{4} + C \end{aligned}$$

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① $\sin, \cos$ の偶数次乗の積分.

半角の公式を利用

$$\begin{aligned} \text{② } \int_{\frac{\pi}{6}}^{\pi} \sin x \cos x dx &= \frac{1}{2} \int_{\frac{\pi}{6}}^{\pi} \sin 2x dx \\ &= \frac{1}{2} \left[-\frac{\cos 2x}{2} \right]_{\frac{\pi}{6}}^{\pi} \\ &= -\frac{1}{4} \left(1 - \frac{1}{2} \right) \\ &= -\frac{1}{8} \end{aligned}$$

[別解]

$$\begin{aligned} \int_{\frac{\pi}{6}}^{\pi} \sin x \cos x dx &= \int_{\frac{\pi}{6}}^{\pi} \sin x (\sin x)' dx \\ &= \left[\frac{\sin^2 x}{2} \right]_{\frac{\pi}{6}}^{\pi} \\ &= \frac{1}{2} \left(0 - \frac{1}{4} \right) = -\frac{1}{8} \end{aligned}$$

$$\begin{aligned} \text{③ } \int (\sin x - \cos x)^2 dx &= \int (1 - 2\sin x \cos x) dx \\ &= \int (1 - \sin 2x) dx \\ &= x + \frac{\cos 2x}{2} + C \end{aligned}$$

$$\begin{aligned} \text{④ } \int \cos^4 x dx &= \int (\cos^2 x)^2 dx \\ &= \int \left(\frac{1 + \cos 2x}{2} \right)^2 dx \\ &= \frac{1}{4} \int (1 + 2\cos 2x + \cos^2 2x) dx \\ &= \frac{1}{4} \int \left(1 + 2\cos 2x + \frac{1 + \cos 4x}{2} \right) dx \\ &= \frac{1}{4} \left(\frac{3}{2}x + 2 \cdot \frac{\sin 2x}{2} + \frac{\sin 4x}{4} \right) + C \\ &= \frac{3}{8}x + \frac{\sin 2x}{4} + \frac{\sin 4x}{32} + C \end{aligned}$$

6.

次の不定積分を求めよ.

(1) $\int \sin 2x \cos 3x dx$

(2) $\int \cos x \cos 3x dx$

[解]

d) $I = \int \sin 2x \cos 3x dx$ とおく

$$\begin{aligned} \sin(3x+2x) &= \overset{x}{\sin 3x} \overset{0}{\cos 2x} + \overset{0}{\cos 3x} \overset{x}{\sin 2x} \\ -) \sin(3x-2x) &= \overset{x}{\sin 3x} \overset{0}{\cos 2x} - \overset{0}{\cos 3x} \overset{x}{\sin 2x} \\ \hline \sin 5x - \sin x &= 2 \cos 3x \sin 2x \end{aligned}$$

$$\therefore \sin 2x \cos 3x = \frac{1}{2} (\sin 5x - \sin x)$$

$$I = \frac{1}{2} \int (\sin 5x - \sin x) dx$$

$$= \frac{1}{2} \left(-\frac{\cos 5x}{5} + \cos x \right) + C$$

e) $I = \int \cos x \cos 3x dx$ とおく.

$$\begin{aligned} \cos(3x+x) &= \overset{0}{\cos 3x} \overset{x}{\cos x} - \overset{x}{\sin 3x} \overset{0}{\sin x} \\ +) \cos(3x-x) &= \overset{0}{\cos 3x} \overset{x}{\cos x} + \overset{x}{\sin 3x} \overset{0}{\sin x} \\ \hline \cos 4x + \cos 2x &= 2 \cos 3x \cos x \end{aligned}$$

$$\therefore \cos x \cos 3x = \frac{1}{2} (\cos 4x + \cos 2x)$$

$$I = \frac{1}{2} \int (\cos 4x + \cos 2x) dx$$

$$= \frac{1}{2} \left(\frac{\sin 4x}{4} + \frac{\sin 2x}{2} \right) + C$$

7.

(1) $\int_0^\pi \cos^2 x dx$ を求めよ.

(2) $\int_0^\pi \cos mx \cos nxdx$ を求めよ. ただし, m, n は自然数とする.

(3) $\int_0^\pi \left(\sum_{k=1}^n \cos kx \right)^2 dx$ を求めよ.

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[解]

$$\begin{aligned} \text{①) } \int_0^\pi \cos^2 x dx &= \int_0^\pi \frac{1 + \cos 2x}{2} dx \\ &= \frac{1}{2} \left[x + \frac{\sin 2x}{2} \right]_0^\pi \\ &= \frac{\pi}{2} \end{aligned}$$

$$\text{②) } I = \int_0^\pi \cos mx \cos nx dx$$

i) $m=n$ のとき

$$\begin{aligned} I &= \int_0^\pi \cos^2 mx dx \\ &= \int_0^\pi \frac{1 + \cos 2mx}{2} dx \\ &= \frac{1}{2} \left[x + \frac{\sin 2mx}{2m} \right]_0^\pi \\ &= \frac{\pi}{2} \end{aligned}$$

ii) $m \neq n$ のとき

$$\begin{aligned} \cos(m+n)x &= \overset{0}{\cos mx \cos nx} - \overset{x}{\sin mx \sin nx} \\ +) \cos(m-n)x &= \overset{0}{\cos mx \cos nx} + \overset{x}{\sin mx \sin nx} \\ \hline \cos(m+n)x + \cos(m-n)x &= 2\cos mx \cos nx \\ \therefore \cos mx \cos nx &= \frac{1}{2} \{ \cos(m+n)x + \cos(m-n)x \} \end{aligned}$$

$$\begin{aligned} I &= \frac{1}{2} \int_0^\pi \{ \cos(m+n)x + \cos(m-n)x \} dx \\ &= \frac{1}{2} \left[\frac{\sin(m+n)x}{m+n} + \frac{\sin(m-n)x}{m-n} \right]_0^\pi \\ &= 0. \end{aligned}$$

$$\begin{aligned} \text{③) } \int_0^\pi \left(\sum_{k=1}^n \cos kx \right)^2 dx &= \int_0^\pi (\cos x + \cos 2x + \dots + \cos nx)^2 dx \\ &= \int_0^\pi \cos^2 nx \cos^2 nx dx = 0 \quad (m \neq n) \text{ より} \\ &= \int_0^\pi (\cos^2 x + \cos^2 2x + \dots + \cos^2 nx) dx \\ &= \int_0^\pi \cos^2 mx dx = \frac{\pi}{2} \text{ より } (m \in \mathbb{N}) \\ &= \frac{n\pi}{2} \end{aligned}$$

8.

定積分 $I = \int_{-\pi}^{\pi} \frac{\sin\left(n + \frac{1}{2}\right)\theta}{2\sin\frac{\theta}{2}} d\theta$ を次の順に求めよう.

$$(1) 2\left(\sin\frac{\theta}{2}\right)\left(\frac{1}{2} + \cos\theta + \cos 2\theta + \cdots + \cos n\theta\right)$$

$$= \sin\frac{\theta}{2} + \sum_{k=1}^n \{ \boxed{} - \boxed{} \} = \boxed{}$$

$$(2) \int_{-\pi}^{\pi} \left(\frac{1}{2} + \sum_{k=1}^n \cos k\theta \right) d\theta = \boxed{}$$

よって, (1) から $I = \boxed{}$ である.

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[解]

$$(1) 2\sin\frac{\theta}{2} \cos k\theta \quad (k=1, 2, \dots, n)$$

$$\sin\left(k + \frac{1}{2}\right)\theta = \sin k\theta \cos\frac{\theta}{2} + \cos k\theta \sin\frac{\theta}{2}$$

$$- \sin\left(k - \frac{1}{2}\right)\theta = \sin k\theta \cos\frac{\theta}{2} - \cos k\theta \sin\frac{\theta}{2}$$

$$\sin\left(k + \frac{1}{2}\right)\theta - \sin\left(k - \frac{1}{2}\right)\theta = 2\sin\frac{\theta}{2} \cos k\theta$$

より

$$2\left(\sin\frac{\theta}{2}\right)\left(\frac{1}{2} + \cos\theta + \cdots + \cos n\theta\right)$$

$$= \sin\frac{\theta}{2} + \sum_{k=1}^n \{ \sin\left(k + \frac{1}{2}\right)\theta - \sin\left(k - \frac{1}{2}\right)\theta \}$$

$$= \sin\frac{\theta}{2} + (\sin\frac{3}{2}\theta - \sin\frac{1}{2}\theta) + (\sin\frac{5}{2}\theta - \sin\frac{3}{2}\theta) \\ + \cdots + (\sin(n + \frac{1}{2})\theta - \sin(n - \frac{1}{2})\theta)$$

$$= \boxed{\sin\left(n + \frac{1}{2}\right)\theta}$$

$$(2) \int_{-\pi}^{\pi} \left(\frac{1}{2} + \sum_{k=1}^n \cos k\theta \right) d\theta$$

$$= \int_{-\pi}^{\pi} \left(\frac{1}{2} + \cos\theta + \cos 2\theta + \cdots + \cos n\theta \right) d\theta$$

$$= 2 \int_0^{\pi} \left(\frac{1}{2} + \cos\theta + \cos 2\theta + \cdots + \cos n\theta \right) d\theta$$

$$= 2 \left[\frac{\theta}{2} + \sin\theta + \frac{\sin 2\theta}{2} + \cdots + \frac{\sin n\theta}{n} \right]_0^{\pi}$$

$$= \boxed{\pi}$$

① から

$$2\sin\frac{\theta}{2} \left(\frac{1}{2} + \cos\theta + \cdots + \cos n\theta \right) = \sin\left(n + \frac{1}{2}\right)\theta$$

$$\therefore \frac{\sin\left(n + \frac{1}{2}\right)\theta}{2\sin\frac{\theta}{2}} = \frac{1}{2} + \sum_{k=1}^n \cos k\theta$$

よって

$$I = \int_{-\pi}^{\pi} \left(\frac{1}{2} + \sum_{k=1}^n \cos k\theta \right) d\theta$$

$$= \boxed{\pi}$$