

$J = \int_{-a}^a \frac{1}{1+e^{ax}} dx$ (a は正の定数) を計算するのに,

$$J = \int_{-a}^0 \frac{1}{1+e^{ax}} dx + \int_0^a \frac{1}{1+e^{ax}} dx = J_1 + J_2$$

と 2 つの項に分ける. この第 1 項 J_1 で, $x = -y$ とおくと,

$$J_1 = \int_{-a}^0 \frac{1}{1+e^{ax}} dx = \int_{\frac{x}{a}=-1}^{\frac{x}{a}=0} \frac{1}{1+e^y} dy \quad (\text{↑ } \boxed{y} < \boxed{x} \text{ とする}).$$

したがって, $J = J_1 + J_2 = \int_0^a \frac{1}{1+e^{ay}} dy$ となる.

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(解説)

$$J = \int_{-a}^0 \frac{1}{1+e^{ax}} dx + \int_0^a \frac{1}{1+e^{ax}} dx = J_1 + J_2$$

$$\begin{array}{c} J_1 \text{ において} \\ x = -y \text{ とおくと, } \frac{dx}{dy} = -1 \end{array} \quad \begin{array}{c|c} x & -a \longrightarrow 0 \\ \hline y & a \longrightarrow 0 \end{array}$$

$$J_1 = \int_{-a}^0 \frac{1}{1+e^{ax}} dx = \int_a^0 \frac{-1}{1+e^{-ay}} dy = \int_0^a \frac{1}{1+e^{-ay}} dy = \int_{-a}^a \frac{e^{ay}}{1+e^{ay}} dy$$

よって,

$$\begin{aligned} J &= J_1 + J_2 = \int_0^a \frac{e^{ay}}{1+e^{ay}} dy + \int_0^a \frac{1}{1+e^{ax}} dx \\ &= \int_0^a \frac{e^{ax}}{1+e^{ax}} dx + \int_0^a \frac{1}{1+e^{ax}} dx \\ &= \int_0^a dx = \left[x \right]_0^a = a \end{aligned}$$